

Scott County offers mental health services

What is mental health?

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. Mental health is important at every stage of life, from childhood through adulthood. Mental health is as necessary to well-being as physical health.

Factors that contribute to mental health problems:

- Biological factors, such as genes or brain chemistry
- Life experiences, such as trauma or abuse
- Family history of mental health problems

Scott County Services

Scott County offers mental health services and support to children, families, and adults who reside within the County. These services and support include case management, the Mental Health Center, and a mobile crisis response team.

Children's Mental Health

Scott County provides case management services for children diagnosed with serious emotional disturbances. Case management is a service that helps children and their families get connected with the support and services essential to meet their mental health needs.

To apply for services, a parent or professional must call Scott County Health and Human Services Intake at (952) 445-7751 and request Children's Mental Health Case Management Services. For more information, visit <https://www.scottcountymn.gov/204/Childrens-Mental-Health>.

Adult Mental Health

Scott County provides case management and community support services to adults with serious and persistent mental illness. The focus of these services is to help adults live in their communities while maintaining stability and maximizing self-sufficiency.

If you are interested, call Health and Human Services Central Intake at (952) 445-7751. For more information, visit <https://www.scottcountymn.gov/254/Adult-Mental-Health>.



Mental Health Center
200 4th Avenue West Shakopee, MN 55379

Phone (952) 496-8481

Mental Health Center

The Mental Health Center is a Rule 29 licensed outpatient community mental health clinic that provides crisis assessment; diagnostic assessment; individual, couples, group, and family therapy; and consultation services. Staff includes eight doctoral-level licensed psychologists, a psychiatrist, a psychiatric nurse, and 34 licensed therapists.

The Mental Health Center offers regular therapy appointments as well as crisis appointments. Other services include: Adult and Adolescent Emotions Management (DBT) Groups; Alternatives to Violence programs; Trauma Focused CBT; Mental Illness Management Group; Connect School Based Therapy Program; Reflections Day Treatment Programs; parent education groups; and forensic, cognitive, personality, and other psychological testing.

All insurance, Medical Assistance, and Medicare accepted, and there is a sliding fee based on income for Scott County residents without mental health coverage. For more information, visit <https://www.scottcountymn.gov/290/Mental-Health-Center>.

To make an appointment, call the Mental Health Center intake at (952) 496-8481 from 8 a.m. to 4:30 p.m. or leave a confidential voicemail after hours and your call will be returned the following business day. Same day crisis appointments are available: Mental Health Center 200 4th Avenue West Shakopee, MN 55379 (952) 496-8481



canvas
HEALTH

Mobile Crisis Response

Canvas Health provides mobile crisis response to residents of Scott County who are experiencing a mental health crisis 24 hours per day, seven days per week. Short-term assessment, intervention, and stabilization services are available in your home, at school, or in the community.

Crisis services are covered by many private insurance plans. A sliding fee scale and/or payment plan is available if a client is uninsured. No one is turned away for inability to pay. For more information, visit <http://www.canvashealth.org/crisis-support/mobile-crisis-response/>.

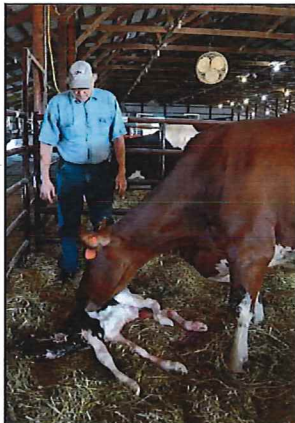
Contact the Scott County Mobile Crisis Response at (952) 818-3702 if you or someone you care about is experiencing a crisis involving suicidal feelings, panic, hopelessness, mood swings, anxiety, hallucinations, depression, delusions, increased substance use, isolation, or self-injury.

Interventions may include de-escalation, short-term safety planning, provisional diagnosis, initial crisis plans, referrals/recommendations, sub-acute crisis stabilization facility, in-patient hospitalization, and/or 24-hour check in.

Scott County Mobile Crisis Services
301 Fuller Street S. Shakopee, MN 55379
(952) 818-3702
Other Resources:
Suicide Prevention Line: 1 (800) 273-8255
TXT4LIFE: Text "Life" to 839863 or call 1 (800) 273-8255

Witness miracle of birth at Scott County Fair

Groundhog Day (Feb. 2, not the movie) may be amusing, but it's utterly meaningless. Regardless of what a nearsighted woodchuck sees, winter's shadow will continue to darken our days



Ken Glisczinski, a Scott County Fair Board Director, has overseen the development of the Miracle of Birth Center and the birth of many animals.

and push us back inside our burrows for at least a month and a half. Shadow or not, there is good news on the horizon: The sun is getting higher, and winter is losing its frosty bite. Change is coming... you can almost smell it. There is new life in the air.

Every year, we celebrate the spring and the miracle of birth. Trees bud, flowers bloom, and animals give birth. Baby animals are the cutest things on four legs (unless they're baby chicks), and you can see newborn animals and their mothers at the Scott County Fair this summer.

Six years ago, it was decided to commit part of the cattle barn to a birthing center. Under the watchful eye of Ken Glisczinski, a Scott County Fair Board Director, the Miracle of Birth Center has grown into one of the most popular attractions at the fair.

During the five days of the Fair, guests can witness the births of calves, kid goats, piglets, chicks, and lambs. Sometimes, there is standing room only at the Miracle of Birth Center -- but to make sure everyone can see the live births, there are large video monitors that make mother and baby the star of the show and allow Fairgoers to watch



There's always a lot of excitement and smiles when a new baby animal is born at the Scott County Fair Miracle of Birth Center.

the recorded births during the times when there aren't any live births.

Scott County Fair is fortunate to be one of the few counties in the state to have a Miracle of Birth Center. So while you sit by the fire with your favorite book during these last six weeks of winter, plan on casting your shadow at the Scott County Fair this summer, and stop in and see Ken and the baby animals!



A newborn kid received some TLC.